

Living the Gospel

Ella was 17, pregnant and out of options.

Her parents were unsupportive, as was her child's father. A friend told her about Rosalie Hall. Here she found a welcoming home, received nutritious meals, learned parenting skills, and earned her high school diploma with the help of childminding.

Ella and her son Darius are happy and healthy today, and it's because you chose to live the Gospel by supporting ShareLife.

SHARELIFE SUNDAY COLLECTIONS

March 29 / May 3 / June 7

 **ShareLife**
sharelife.org |    sharelifecan

You're Needed More Than Ever

By supporting ShareLife, you bring the **hands of Christ to those in need**. Your contribution supports over 40 agencies **in your community** and around the world, serving people of all faiths.

Our 2020 ShareLife Parish Campaign goal is \$13.8 million. Given that more people are relying on ShareLife agencies today than ever before, **we need your help** to reach this goal.

How Can I Help?



- Give at your parish. ShareLife Sunday collections will take place **March 29, May 3 and June 7.**
- Donate securely online at **sharelife.org**
- Contribute through **pre-authorized giving** or online banking.
- Make a gift of **securities**. To learn more, contact ShareLife at 1-800-263-2595 or slife@archtoronto.org.



Her past came to the surface

Approaching 50, Nadia didn't know who she was or what she wanted. Her marriage had ended, and trauma from physical abuse she experienced as a child came to the surface. She felt alone, abandoned and hopeless.

She was referred to a counsellor at Catholic Family Services of Peel-Dufferin (CFSPD). It felt liberating for her to **feel safe enough to talk about her past**. This breakthrough led her to join other wellness programs at CFSPD.

Nadia is grateful for ShareLife donors, who enable CFSPD to offer their programs to everyone, regardless of financial means. Feeling renewed, empowered and resilient, she is rewriting her narrative – a new story.



He was close to death

James was flying high, surrounded by friends and earning lots of money in the financial sector. But the tragic death of a close friend left him feeling lost. He turned to substance abuse to cope with his growing depression.

As his depression and alcoholism worsened, James quit his job and moved back home, and then to a shelter. He felt broken and alone. Heavy drinking and not eating landed him in the hospital, close to death.

The hospital connected him with St. Michael's Homes, where he entered a treatment program and transitional housing. Over time, **James began to get his life back**. He now lives independently and volunteers in the kitchen at St. Michael's Homes.

"Get all the help you can," he advises other men in his situation. "You are worth saving."

Pictured: A client of St. Michael's Homes



Strength in numbers

ShareLife agencies helped **140,000 people** locally last year, plus countless more around the world.

Generous donors like you:

- enabled **20,000 clients** to receive affordable mental health care through family service agencies
- provided dignified support to **11,500 seniors**
- facilitated the arrival of **528 refugees** through the Office of Refugees of the Archdiocese of Toronto
- invested in the future of our Church by supporting **85 seminarians** at St. Augustine's Seminary and Redemptoris Mater Missionary Seminary, as well as the Office for Vocations



Make it Monthly

Pre-Authorized Giving (PAG) supports our agencies year round, while making budgeting easier for you. When you subscribe, monthly contributions are automatically withdrawn from your chequing account. Ask your parish office for more information.

You can also register to give monthly by credit card at sharelife.org.



"I know what it's like"

Dave was 13 years old when he was diagnosed with schizophrenia. He recalls it was a dark time in his life. For years, he bounced from group homes to hospitals, to drop-in centres, to treatment programs.

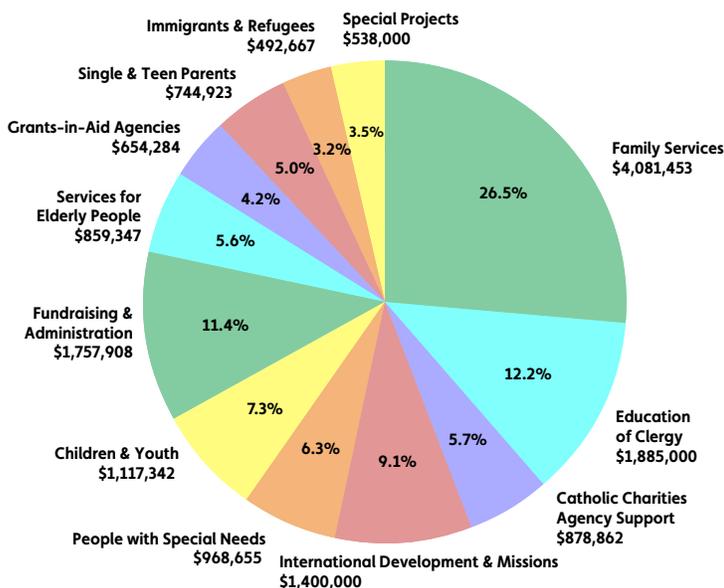
Now, at 42, **Dave has found belonging** at Our Place Community of Hope. Loved by staff, peers and volunteers, he helps out as a DJ at their Friday night dances. He has also become a passionate advocate for changing perspectives on mental health and homelessness.

"I can help because I know what it's like," says Dave. "There is power in telling your story, learning from others and giving feedback on issues in the community to those who can affect change."

Pictured: A member of Our Place Community of Hope

Responsible and Accountable

We treat every gift as a sacred trust. By keeping our administrative and fundraising costs at 11%, we ensure the maximum amount goes to the work of our agencies.



Corporate and Foundation Donors

Thank you to the following donors and those who choose to remain anonymous. Funds raised from these partners support 31 social service agencies that benefit the whole community.

Maverick (\$100,000 +)

- BMO Financial Group
- CIBC
- RBC Foundation

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