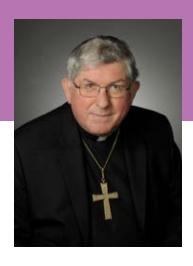
Living the Gospel

Report to Donors 2017 Campaign







Thank you for supporting **ShareLife**

With deep gratitude, I join our pastors, parishioners and school communities in celebrating the results of ShareLife's 2017 Parish Campaign. The \$12,690,597 raised for our agencies

represents hard work, perseverance, and great love for the marginalized in our communities. Without you, ShareLife could not fulfill its mission to "Live the Gospel by providing for those in need."

ShareLife also represents a reliable signpost on the course mapped out by our Pastoral Plan — namely, its core direction of "Catholic Outreach in Justice and Love." The work of our agencies, and your generosity towards them, "serve as a pathway through which acts of justice and love are realized, and the witness of the Catholic faith strengthened." (Pastoral Plan, IV - 3.)

With your support, ShareLife was able to allocate additional funding to enable new initiatives detailed in this Report to Donors. ShareLife is also investing in the future of our Church by supporting St. Augustine's Seminary and Redemptoris Mater Seminary, which are educating 80 seminarians in the Fall 2017 semester.

The enthusiastic support of our donors makes possible these and many other programs. Together we are making a real difference in the lives of those in need, both here in our archdiocese and around the world.

My prayer is that we may continue to respond to God's love by going "forth from ourselves to seek the good of others."

May our Lord bless you always,

+ Thomas Card Collins

Cardinal Thomas Collins Archbishop of Toronto

"ShareLife represents a reliable signpost on the course mapped out by our Pastoral Plan—namely, its core direction of Catholic Outreach in Justice and Love."

Our 2017 campaign theme of "Living the Gospel by providing for those in need" reflected our role as Catholics to bring the hands of Christ to our brothers and sisters.

The faithful of the Archdiocese of Toronto heeded that

call zealously with a record ShareLife parish campaign. We are immensely grateful for the commitment of parishioners to the work of ShareLife agencies.

Overall, the ShareLife campaign raised \$14,481,504, an increase of \$735,000 over the previous year. However, it is important to note that while we have increased our revenue, the ShareLife campaign finished with a shortfall of approximately \$550,000 when allocations and expenses are taken into account. Over the past two years, ShareLife has allocated over \$1 million new dollars towards the work of our agencies. ShareLife has drawn over \$1.8 million from our unrestricted net assets to cover shortfalls in the last two campaigns.

We are grateful for the selfless generousity of our individual donors and parish communities. In a special way we acknowledge our clergy, whose strong support is critical to the overall success of our campaign. Likewise, we applaud the members of ShareLife committees, whose tireless dedication helped achieve this year's record results. We also thank the speakers from our agencies, who gave time on their weekends to passionately share the message of ShareLife.

Together, we have truly "Lived the Gospel by providing for those in need." Thank you for all that you are doing for ShareLife.

Arthur Peters **Executive Director**





What's new in 2017

ShareLife allocated \$13.68 million in 2017 — \$485,000 more than the previous year. This allowed our agencies to:

- Support the retention and enhancement of agency staff to meet the increased demand for services;
- Maintain walk-in counselling clinic services to families, giving clients access to same-day service without an appointment, thereby reducing or eliminating the need for additional counselling sessions:
- Enhance life-skills and mentorship to youth in transitional housing. These supportive measures help youth make a positive transition from foster care to independent living with training, mentorship and after-care services;
- Offer expanded assistance and support to isolated and marginalized seniors in the City of Toronto;
- Help agencies to build capacity to evaluate and report on the effectiveness of programs and services, which assists in demonstrating the importance of ShareLife funding;
- Provide \$100,000 to the St. John Paul the Great Centre at St. Augustine of Canterbury Parish. The centre helps transform the spiritual lives of those who use it and provides regular after-school programs for youth and activities for seniors.

Your support enabled the continuation of these recently introduced programs:

Providing Shared Services

Shared services or back-office integration among agencies is improving administrative efficiency, organizational effectiveness and capacity. Currently, agencies are sharing resources in financial management and human resources, while information technology options are being explored. The service provider for this project is St. Elizabeth Service Trust.

Parish Outreach to Seniors

In partnership with Catholic Family Service agencies and six parishes in Peel Region and Simcoe County, this pilot project connects trained volunteers with isolated and lonely seniors who will be assisted in their daily lives. Volunteers will cultivate relationships by conducting home visits, making phone calls, and linking seniors with community resources.

Grief Reconciliation

A pilot project is testing the applicability of a grief reconciliation approach for young mothers who have suffered trauma and other mental health issues. Clients are provided an opportunity to explore grief and recognize its impact, creating readiness to engage in therapy to support their physical, psychological, spiritual and social well-being.

Collaborative Evaluation Project

This initiative helps Catholic Family Services agencies measure outcomes related to counselling programs. The project includes benchmarking for quality improvement, increasing efficiency and effectiveness, and building sustainainable evaluation practices across agency programs.

ShareLife's focus on **Mental Health**

Meeting the the challenge

ShareLife-funded agencies have identified a need to deal with the mounting mental health problems among the people they serve. Many agencies report an alarming increase in the number of clients with mental health issues.

Against this backdrop, agencies are eager to move forward to meet this challenge. ShareLife funded agencies have reported the following:

Keeping families together

Helping couples resolve or contain conflicts through mental health services has "downstream benefits" for children. Catholic Community Services of York Region has helped individuals improve their parenting to the satisfaction of the Childen's Aid Society, resulting in children being returned home.

Link to poverty

In 2016, over 2000 people accessed individual, couple and family counselling at Catholic Family Services of Peel-Dufferin. Frequently, clients sought counselling to address symptoms of depression and anxiety. Given that depression has replaced back injury as the number one reason for absenteeism at work, agency staff say their services are helping clients maintain employment and stay out of poverty.

Increase in hope

Immediate access to counselling can stop problems from escalating and is often sufficient treatment. Catholic Family Services of Toronto reports that less than 25% of the 521 clients who accessed their Walk In Counselling Clinic went on to longer term counselling. The agency reported a clinically and statistically significant increase in the clients' hope and their confidence they could tackle the problem that prompted them to seek help.

Promoting early mental health

Agency staff at Rosalie Hall note that children of young parents are at particular risk for developmental delay due to the risk factors they are most often exposed to.

Young parents who are able to access high-quality, secure childcare can address their mental health needs better and are supported to be aware of the impact of their behaviour on their child. Quality childcare offers stability and stimulation to provide a protective environment where a child is valued and able to learn. This promotes positive early mental health.



Living the Gospel by supporting families

Catholic Family Service Agencies

The five ShareLife supported Catholic Family Services (CFS) agencies assist individuals, couples and families coping with stress and anxiety, ranging from emotional, psychological, social, and financial problems. In addition, the CFS agencies provide intensive therapy and support services to survivors of abuse and domestic violence, ensuring clients begin their path to recovery.

While the counselling services are primarily focused on marital and family relationships, a significant amount of the agencies' efforts are directed to addressing mental health and addiction issues. CFS agencies provide shortterm, walk-in, and group counselling to address these needs.

Last year, over 22,500 people were helped through the five Catholic Family Service Agencies.

ShareLife funds the following agencies that provide family services:

- **Catholic Family Services of Durham**
- **Catholic Family Services of Peel-Dufferin**
- **Catholic Family Services of Simcoe County**
- **Catholic Family Services of Toronto**
- **Catholic Community Services of York Region**
- FertilityCare Toronto
- **Natural Family Planning Association**

Coming to the right place

Theresa had been feeling very depressed. Her concerned daughter recommended she attend a walk-in counselling clinic provided by CFS of Simcoe County.

Theresa agreed to go, despite thinking counselling would not be helpful. She told the intake worker she had been struggling with depression, grief and loss for a long time. She had lost hope that anything could make her feel better.

The intake worker confirmed she had come to the right place and spoke about the benefits of counselling support combined with prescribed medication for depression.

During the counselling session, Theresa was asked about her depressive symptoms. She shared that they started a decade ago after the tragic and traumatic loss



of several family members. The clinician helped her understand how these experiences may have impacted her and suggested what she could do to begin to feel better. Together they developed a plan to provide her with additional services.

At the end of the session, Theresa felt for the first time she could get through her depression and find happiness.

Living the Gospel by supporting the elderly



Agencies Serving the Elderly

ShareLife agencies support seniors to live their lives to the fullest, so they are able to enjoy the best possible quality of life in a manner that recognizes each person as an individual.

Last year, four ShareLife-supported agencies provided loving care to over 6,300 seniors.

These vulnerable and marginalized seniors had access to support services that developed strong interactions and trusting relationships with community members. They became physically active with access to social activities, health services and income supports. Many seniors also experienced care that helped to provide emotional and spiritual fulfillment.

ShareLife agencies serving the elderly include:

- Centres d'Accueil Héritage
- **LA Centre for Active Living**
- Providence Healthcare
- **Society of Sharing**

Savouring life

Erika had a stroke six years ago that left her with leftsided weakness. Since her stroke, Erika stopped enjoying many of the daily activities that we all take for granted.

Last summer, LA Centre for Active Living planned a trip to the Garlic Festival. Erika really wanted to attend, but felt her disabilities would get in the way. The agency worked with Erika, her personal support worker, and the accessible public transit service to enable her to join the bus ride. They also rented a wheelchair to ensure her safety.

Erika loved the trip and said that she hadn't had so mush fun in six years! She never thought her disabilities could seemingly "disappear" such that she could still participate and have fun.

Living the Gospel by supporting children and youth

Agencies Serving Children and Youth

On any given night, as many as 7,000 youth are homeless across Canada. While this problem is most visible in urban centres, the factors causing it are common to every community: 80% of homeless youth cite reasons of family conflict, abuse or trauma.

In downtown Toronto, many of these youth find shelter at Covenant House. Here, ShareLife funds a program called Rights of Passage, which helps youth build life skills so they can transition from their emergency stay towards independent living.

Just as crucially, other agencies work to ensure at-risk youth are supported before ending up on the street. Sancta Maria House provides a home for young girls 14–18 years old. With ShareLife funding, they help atrisk young women stay in school, build up their mental health, and develop life skills in a loving and caring atmosphere.

ShareLife agencies serving children and youth include:

- Camp Ozanam (St. Vincent de Paul)
- **Covenant House**
- Office of Catholic Youth
- Sancta Maria House
- Youth-In-Transition

When there's no place left to go

Growing up in Calgary, Sarah could not get along with her mother and did not know her father. She left home at the young age of 14 and tried living on the streets.

She decided to hitchhike to Toronto, where her cousin lived. However, when the cousin eventually kicked her out, she had no place left to go.

Sarah heard about Sancta Maria House and decided to give it a try. Initially, she hated the structure and rules; she recalls cursing at the staff and treating them rudely. But they responded with kindness and never gave up on her.

She was able to return to school and receive credits toward her diploma. All the while, she was encouraged to reconnect with her mother through regular phone calls. At the end of her stay, she returned to Calgary and restored their relationship.



Living the Gospel

by supporting immigrants, refugees and international development

In much of the world. poverty robs its victims of the very basics: food security, clean water, health services, and human rights. Facing a gauntlet of interrelated problems, families can remain entrapped in poverty for generations.

ShareLife-supported agencies are helping end the cycle of poverty. Canadian Food for Children provides immediate relief to those in crisis, while, just as crucially, Development & Peace supports projects that enable long-term change.



Closer to home,

Catholic Cross-Cultural Services (CCS) and the Office for Refugees focus on serving newcomers in the area of settlement and integration. Major issues facing newcomers include affordable housing, language barriers, and unemployment. Refugee claimants and undocumented immigrants also arrive in Canada very isolated, typically having fled traumatic situations in their county of origin.

These ShareLife funded agencies help newcomers overcome these barriers by connecting them with community services and helping them build the personal networks they need to integrate in their new communities.

ShareLife-funded agencies working with immigrants and refugees include:

- **Catholic Crosscultural Services**
- Office of Refugees

The following agencies work in the areas of international development and missions:

- **Canadian Catholic Organization for Development & Peace**
- **Canadian Food for Children**
- **Pastoral Mission Fund**

Finding happiness again

Angie, a single mother working as a grade school teacher, moved to Canada with her sons to marry a man she met online. He was not as he seemed; she endured emotional, physical and sexual abuse. She fell into depression, feeling guilty for having brought her children into the situation.

One of her neighbours encouraged her to attend language classes at Catholic Crosscultural Services when her husband was at work.

Through her improved English, Angie learned about the range of services offered by CCS and met a Settlement Worker in the women's program. She learned about the signs of abuse and the resources available to her and her children. She was then connected to a Mental Health Worker to address her depression and a Transitional Housing and Support Worker to help her leave the relationship and move to a safe home.

Angie is now much happier, renting her own twobedroom apartment, working part-time, and living free from abuse.

Living the Gospel

by supporting people with special needs

Agencies Serving People With Special Needs

Over the past year, over 3,600 individuals with special needs and their family members accessed ShareLife-funded agencies. These agencies include:

- **Mary Centre of the Archdiocese of Toronto**
- **Our Place Community of Hope**
- Saint Elizabeth Health Care
- **Silent Voice Canada**
- St. Bernadette's Family Resource Centre
- St. Michael's Homes / Matt Talbot Houses
- Street Haven at the Crossroads

Together, these agencies cover a wide range of needs throughout the Archdiocese of Toronto For example, Silent Voice provides services in American Sign Language (ASL) for deaf adults, youth and children. Meanwhile, Mary Centre and St. Bernadette Family Resource Centre offer programs to support those with developmental challenges.

Other agencies serve those living with challenges such as physical disability, mental illness, isolation and addiction.

Breaking the cycle

Andrew grew up in Toronto with his mother and an abusive stepfather, who told him he was unwanted and would never succeed in life. He ran away from home at age 13 and found the affirmation he sought from older friends who drank and used drugs.

He ended up addicted to cocaine and heroin, so he began breaking the law to support his habit. At 18, Andrew went to prison for several years.

During his time in jail he was diagnosed HIV-positive. All of the negative messages from his stepfather replayed in his mind. He no longer cared if he overdosed.

Andrew continued using on and off for the next two decades. He became up very ill in the hospital, but then something changed: he realized he didn't want to die.

He came to St. Michael's Homes, which offers a holistic range of services and residential programs for those struggling with substance abuse. Here Andrew finally learned that the negative messages he was told growing up were not true. He discovered he was not the person

> he portrayed himself to be for so many years.

A critical area of growth is Andrew's emotional resilience. In the past, setbacks might trigger a relapse. Now he has skills to cope with difficulties as he continues building his new life. Living sober remains challenging, but Andrew is happier than he has ever been.



Living the Gospel by supporting single and teen parents

Agencies Serving Single and Teen Parents

Last year, four Catholic centres for young parents offered an array of individual and group programs to influence the lives of over 1,000 young pregnant women, parenting youth and their children.

ShareLife-supported agencies in Scarborough, Oshawa, Newmarket and Mississauga provide resources for young parents in need, including baby food, counselling, education supports, skills development and employment services training.

Accessing the right resources will help them become the best possible parents and ultimately contribute towards the best outcomes for their family.

ShareLife agencies serving single and teen parents include:

- **Rosalie Hall**
- **Rose of Durham Young Parents Support Services**
- **Rose of Sharon Services for Young Mothers**
- **Vita Centre**



Overcoming new challenges together

Camila was attending programs at Rose of Sharon when she suddenly found herself at risk of homelessness — she and her young daughter were being kicked out of their family home.

Counsellors worked with her to complete housing applications and to search for market rent apartments. Then, in the midst of planning to move, she learned she was pregnant with her second child.

Counsellors provided ongoing support as she considered how to move forward. Despite all of the upheaval in her life, she attended almost every program available to her throughout the year, actively engaging, asking questions, and doing everything within her power to build a better life.

She began to set boundaries and change the way she was communicating with her partner. As a result, they were fighting less often. She beamed with pride as her counsellor congratulated her for taking that important step forward.

At the end of the year, she walked out a much stronger woman, with a much clearer sense of who she is, what kind of life she wants for herself and her daughters (now two of them), and how to advocate for herself in order to reach those goals.

Living the Gospel by supporting vocations

Clergy and Vocations

ShareLife-supported St. Augustine's Seminary is the Major Seminary of the Roman Catholic Archdiocese of Toronto, providing for the education of seminarians and candidates for the diaconate program. This preparation for diocesan ministerial leadership promotes spiritual and human formation and theological education.

In the fall semester of 2017, 80 seminarians were being supported on this campus This number not only reflect the national scope of the Seminary, but its international reach as well. Of the 80 seminarians, 35 are for the Archdiocese of Toronto. There are also men from 11 other dioceses across the country as well as two dioceses in the U.S. and one from the Archdiocese of Ha Noi, Vietnam.

Seventeen of the 80 are from the Redemptoris Mater Missionary Seminary (RMSS). Located on the premises of St. Augustine's Seminary, RMSS supports the education of priests from missionary orders, most of whom will serve their ministry abroad.

This past year, ShareLife provided \$1.7 million for St. Augustine's Seminary, which also includes supports for the Archdiocese of Toronto's Diaconate program. Meanwhile, ShareLife allocated \$75,000 toward the education of seminarians at RMMS and a further \$100,000 to support the work of the Office of Vocations.

Drawing closer

"Living and studying at St. Augustine's has brought untold blessings to my life. I remember the day I arrived, entering the chapel, kneeling in front of the Blessed Sacrament, and pouring out my gratitude to the Lord for the opportunity he had given me. And we have ample time to pray and discern at St. Augustine's: we have daily Mass and rosary, we sing the Liturgy of the Hours every day in community, we have Eucharistic Adoration and Benediction — there is no excuse for a man not to draw closer to Jesus during his time here!

"Then there are the academics. St. Augustine's is known for maintaining a high level of scholarly excellence. The professors and faculty are well-qualified and make sure we understand not just intellectually but also pastorally, meaning we are taught how to express the truths of the Faith in an appealing way to our future congregations.

"The seminary would not be able to run without the generous support of those who donate to ShareLife. I truly appreciate all you do for us."

Matthew Gunnarson, Seminarian





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We thank all who generously supported the ShareLife campaign. Those who contributed \$2,500 or more to the 2017 Campaign are recognized as Patrons. This list denotes Patrons who granted permission to be recognized in print as of September 22, 2017.

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Funds raised from ShareLife's corporate partners support 31 social service agencies. Thank you also to those donors that chose to remain anonymous.

Golf Tournament

The 22nd annual ShareLife Corporate Golf Tournament was held on June 6 at Markland Wood Golf Club in Etobicoke.

Our marquee fundraising event featured a sizzling BBQ, on-course food and refreshments, lots of prizes, a silent auction, and even chiropractic treatments for those who competed a little too vigorously. Sadly, no one drove home the hole-in-one prize of a Ford Mustang.

The event was fun for all and a success for the agencies we support, as we raised nearly \$55,000 in net proceeds. We want to extend our appreciation to all who attended the tournament as well as to those on the volunteer committee who helped organize the event.

We would especially like to thank the following lead corporate sponsors who generously supported the tournament:

- Morneau Shepell Ltd.
- Miller Thomson LLP
- **CCS** Fundraising
- Print Three, York Mills Centre
- **Abundance Naturally**
- Laser Reproduction
- Toronto Digital Imaging
- Colony Ford

We look forward to our **next tournament** on June 4, 2018 at the same location.



2017 Agency Campaign Allocations



Birthright International

Good Shepherd Refuge

Hospital Chaplaincy

Canadian Food for Children

New Beginnings

Right to Life Association of Toronto

St. John Paul the Great Family Centre

Special grants allocated by Catholic Charities





\$20,000 \$40,000

\$50,000

\$85,000

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Family Services	\$4,081,453
Catholic Family Services of Durham	\$449,001
www.cfsdurham.com (905) 725-3513 (Oshawa) (905) 428-1984 (Ajax) (905) 985-4221 (Port Perry)	
Catholic Family Services of Peel-Dufferin www.cfspd.com	\$676,224
(905) 450-1608 (Brampton) (905) 897-1644 (Mississa Catholic Family Services of Simcoe County www.cfssc.ca	uga) \$680,796
(705) 726-2503 (Barrie) (705) 526-9397 (Midland) Catholic Family Services of Toronto	\$1,635,277
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FertilityCare Toronto www.fertilitycare.ca (416) 465-2868	\$63,200
Natural Family Planning Association www.naturalfamilyplanning.ca/toronto (416) 481-546	\$54,816 5
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Immigrants and Refugees	\$492,667
Catholic Cross-Cultural Services	\$190,267
www.cathcrosscultural.org (416) 757-7010 Office for Refugees www.archtoronto.org/refugee (416) 645-0827	\$302,400

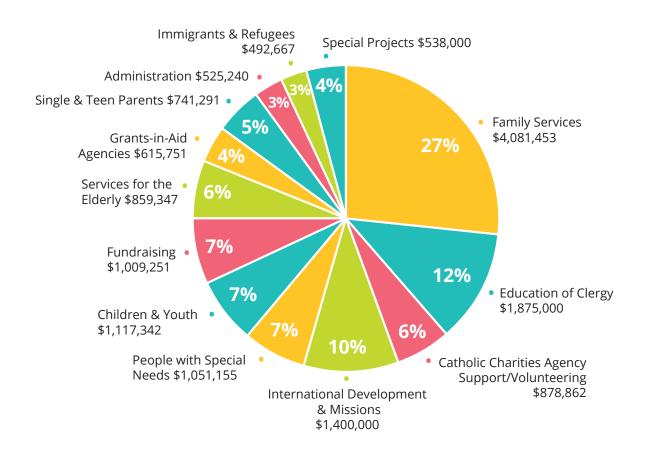
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(905) 432-3622 (Oshawa) (289) 385-1160 (Ajax) Rose of Sharon Services for Young Mothers www.therose.ca (905) 853-5514	\$295,021
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Special Projects	\$538,000
Special Project funding was directed to our Parish Ou pilot project, Grief Reconciliation for Young Mothers Shared Services between agencies for financial mana resources and information technology.	pilot project and
Grants-in-aid Agencies	\$615,751
The deVeber Institute	\$6,000

^{*} Catholic Charities, with the support of ShareLife, provided additional community grants to aid the hungry, the homeless, the dying, refugees and immigrants, children living in poverty, and prison ministry through community reintegration programs.



Allocations and Campaign Results

ShareLife 2017 Allocations



\$12,690,597
\$461,397
\$899,499
\$655,450 \$42,500 \$36,000 \$6,050 \$98,870

^{*} Note: Patrons are those not aligned with a parish. All other Patrons are included in the Parish Campaign total.

Results of the 2017 Employee Campaigns for ShareLife (funds received from various employee campaigns where employee donations are directed to ShareLife)	\$206,431
Results of the 2017 ShareLife Schools Employee Campaign	1 \$125,347
Miscellaneous amounts transferred to the 2017 ShareLife Campaign including In Memoriam and Institutions	\$87,125
Investment Income	\$159,481
Amount transferred from Legacy for Life Endowment Fund to 2017 ShareLife Campaign	\$188,035

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Charitable Registration: 13063 2474 R0001

www.sharelife.org

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2017 ShareLife Advisory Board

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His Eminence, Thomas Cardinal Collins *Archbishop of Toronto*

Most Rev. John Boissonneau *Auxiliary Bishop of Toronto*

Mr. James Milway Chancellor of Temporal Affairs, Archdiocese of Toronto

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Ex Officio

Mr. William Dunlop Secretary & Assistant Treasurer

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