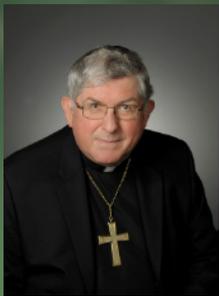


Living the Gospel

ShareLife Parish Campaign 2018

Changing lives in your community



A Message from Cardinal Collins

As a Catholic community, we are called to embody a faith that acts. One of the ways we do so in the Archdiocese of Toronto is through ShareLife. Today, more than forty agencies receive funding through our annual appeal, providing services to families in crisis, people with special needs, elderly people, children and youth, and immigrants and refugees. Invite you to join me in

making a sacrificial gift to the 2018 ShareLife campaign. As you contemplate the blessings you may have, please consider a contribution to ShareLife to the best of your ability. May God bless you for your generosity.

A Legacy of Faith in Action

This year, ShareLife celebrates 42 years of "Living the Gospel by providing for those in need." During this time, our agencies have made a difference in millions of lives. By supporting ShareLife, we bring the hands of Christ to those in need.

Parish Campaign Goal: \$13.6 Million

Our 2018 Parish Campaign goal of \$13.6 million represents an increase of \$900,000 over the result of the previous year.

This increase is needed to enhance our programs to meet the growing demand for services. This includes expanding our new initiative for isolated seniors and allowing more boys to attend Camp Ozanam each summer. We are also continuing to invest in shared services; by helping agencies collaborate in administrative areas, they maximize the impact of every dollar from our donors.

More people are relying on ShareLife agencies today than ever before. We can continue offering them a helping hand if we work together. Each donation will help us reach our campaign goal.

Agency Updates

ShareLife allocated \$1.2 million more new dollars over the past two years. Among other areas of growth, this allowed our agencies to:

- Support the retention and enhancement of agency staff to meet the increased demand for services;
- Enhance life-skills and mentorship to youth in transitional housing. These supportive measures help youth make a positive transition from foster care to independent living with training, mentorship and after-care services;
- Offer expanded assistance and support to isolated and marginalized seniors.

How can I donate?

- Give at your parish. ShareLife Sunday collections will take place **March 18, April 22 and May 27.**
- Donate online at sharelife.org
- Respond to the ShareLife appeal you received in the mail.

Other ways to give

- Designate ShareLife as your charity of choice in your workplace charitable campaign.
- Ask your employer to match your ShareLife contribution in the workplace.
- Donate publicly traded securities to ShareLife.
- Leave a legacy gift to ShareLife in your will or estate plan.

Focus on Mental Health

ShareLife-funded agencies have identified a need to deal with the mounting mental health problems among the people they serve. Many agencies report an increase in the number of clients with mental health issues. Against this backdrop, agencies are moving forward to meet this challenge in different ways.

Keeping families together

Helping couples resolve or contain conflicts through mental health services has downstream benefits for children. Catholic Community Services of York Region has helped individuals improve their parenting to the satisfaction of the Children's Aid Society, resulting in children being returned home.

Link to poverty

In 2016, over 2,000 people accessed individual, couple and family counselling at Catholic Family Services of Peel-Dufferin. Clients often sought counselling to address symptoms of depression and anxiety. Given that depression has replaced back injury as the most reported reason for absenteeism at work, agency staff say their services are helping clients maintain employment and stay out of poverty.

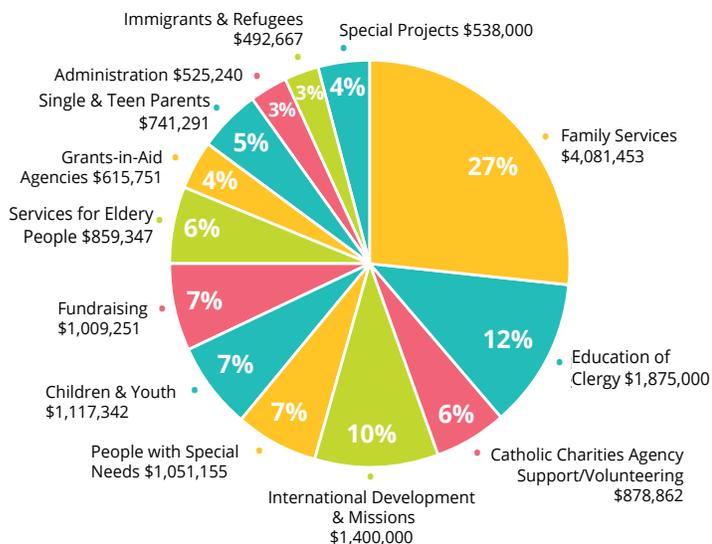
Increase in hope

Some of the greatest barriers to mental health recovery are not medical, but social: isolation, lack of integration into the community, and stigma. Our Place, a ShareLife-funded agency, addresses the consequences of social isolation and loneliness by helping people connect to networks of social support. Partnerships, such as one with The Stop Community Food Centre, provide Our Place clients opportunities to participate in food and nutrition programs to which they might not otherwise have access.

Promoting early mental health

Agency staff at Rosalie Hall note that children of young parents are at particular risk for developmental delays due to the risk factors they are most often exposed to. Young parents who are able to access high-quality, secure childcare can address their mental health needs better and are supported to be aware of the impact of their behaviour on their child. Quality childcare offers stability and stimulation to provide a protective environment where a child is valued and able to learn, benefitting their own mental health.

2017 Allocations



Charitable Registration No. 13063 2474 RR0001

ShareLife Agencies

Family Services

- Catholic Family Services of Durham** | cfsdurham.com | (905) 985-4221 (Port Perry) (905) 725-3513 (Oshawa) | (905) 428-1984 (Ajax)
- Catholic Family Services of Peel-Dufferin** | www.cfspd.com | (905) 450-1608 (Brampton) | (905) 897-1644 (Mississauga)
- Catholic Family Services of Simcoe County** | www.cfssc.ca | (705) 726-2503 (Barrie) | (705) 526-9397 (Midland)
- Catholic Family Services of Toronto** | www.cfstoronto.org | (416) 921-1163
- Catholic Community Services of York Region** | www.ccsyr.org | (905) 770-7040
- FertilityCare Toronto** | www.fertilitycare.ca | (416) 465-2868
- Natural Family Planning Association** | toronto.naturalfamilyplanning.ca | (416) 481-5465

Children and Youth

- Camp Ozanam (St. Vincent de Paul)** | svdptoronto.org | (416) 364-5577
- Covenant House** | www.covenanthousetoronto.ca | (416) 598-4898
- Office of Catholic Youth** | www.ocytoronto.org | (416) 599-7676
- Sancta Maria House** | www.smhtoronto.org | (416) 925-7333
- Youth-In-Transition** | (416) 598-4898

People with Special Needs

- Mary Centre of the Archdiocese of Toronto** | www.marycentre.com | (416) 630-5533 (Toronto) | (905) 866-6300 (Brampton)
- Our Place Community of Hope** | ourplacecommunityofhope.com | (416) 598-2919
- Saint Elizabeth Health Care** | www.saintelizabeth.com | (905) 940-9655
- Silent Voice Canada** | silentvoice.ca | (416) 463-1104 (Voice) | (416) 463-3928 (TTY)
- St. Bernadette's Family Resource Centre** | stbernadettesfrc.org | (416) 654-9810
- St. Michael's Homes / Matt Talbot Houses** | stmichaelshomes.org | (416) 926-8267
- Street Haven at the Crossroads** | streethaven.com | (416) 967-6060

Immigrants and Refugees

- Catholic Cross-Cultural Services** | cathcrosscultural.org | (416) 757-7010
- Office for Refugees** | archtoronto.org/refugee | (416) 934-0606 ext. 804

Elderly People

- Centres d'Accueil Héritage** | www.caheritage.org | (416) 365-3350
- LA Centre for Active Living** | loyolaarrupecentre.com | (416) 452-4875
- Providence Healthcare** | www.providence.on.ca | (416) 285-3666
- Society of Sharing** | www.societyofsharing.org | (416) 413-0380

Single and Teen Parents

- Rosalie Hall** | www.rosaliehall.com | (416) 438-6880
- Rose of Durham Young Parents Support Services** | www.roseofdurham.com | (905) 432-3622 (Oshawa) | (289) 385-1160 (Ajax)
- Rose of Sharon Services for Young Mothers** | roseofsharon.com | (905) 853-5514
- Vita Centre** | www.vitacentre.org | (905) 502-7933

Education of Clergy

- St. Augustine's Seminary** | www.staugustines.on.ca | (416) 261-7207
- Office of Vocations** | www.vocationstoronto.ca | (416) 968-0997
- Redemptoris Mater Seminary** | rmmstoronto.com | (416) 264-9477

International Development and Missions

- Canadian Catholic Organization for Development & Peace** | www.devp.org | (416) 922-1592
- Pastoral Mission Fund** | (416) 934-0606 ext. 567

Agency Support, Advocacy and Volunteer Development

- Catholic Charities of the Archdiocese of Toronto** | www.catholiccharitiestoronto.org | (416) 934-3401

Special Projects

Special Project funding was directed to our Parish Outreach to Seniors pilot project, Grief Reconciliation for Young Mothers pilot project and Shared Services between agencies for financial management, human resources and information technology.

Grants-in-aid Agencies

The deVeber Institute, Birthright International, Toronto Right to Life, New Beginnings, Canadian Food for Children, Good Shepherd Refuge, St. John Paul the Great Family Centre, Hospital Chaplaincy, special grants allocated by Catholic Charities *

* Catholic Charities, with the support of ShareLife, provided additional community grants for services to those who are hungry, homeless and dying; to refugees and immigrants; to children living in poverty; and for prison ministry through community reintegration programs.